

# Chaperone Cheat Sheet

## SAFETY FIRST



NatureBridge staff are here to support you! Please let us know how we can help.

### In the event of an emergency

- Call **911** if someone is unresponsive and/or *not* breathing, then contact NatureBridge staff.
- If you require emergency/non-emergency staff assistance, a **NatureBridge staff member can be reached in the Dining Hall (7:30am-9pm) or Infirmary Cabin (9pm-7:30am).**
- If you are unable to find the on-site staff member, please call the NatureBridge 24-hour emergency phone: **(703) 881-8858**
- Emergency gathering location is at the Park Service sign in front of the Dining Hall.
- There are supplies for body fluid isolation in the Cabin Loop lodges.

### Emergency Phone Numbers

*Fire and Police: 911*

*NatureBridge Cell Phone:  
703-881-8858*

*NatureBridge is located at Camp 1 in  
Prince William Forest Park, Pleasant  
Rd off of 234/Dumfries Rd –  
(NOT THE MAIN PARK ENTRANCE  
ON JOPLIN RD)*

### **STUDENT SUPERVISION IS YOUR PRIMARY RESPONSIBILITY!**

**Between the hours of 4pm-9am you are the adults in charge of your students.** Please enforce the following safety rules:

- The buddy system is mandatory at all times. Students should never be walking around alone.
- Students must stay on-site during recreation time—forest edges of the cabin loops serve as the boundaries.

### **Additional Safety Information**

- No alcohol or smoking on-site.
- Absolutely **NO FOOD IN CABINS!**
- Enforce tick-checks at the end of the field day. Have a NatureBridge staff member remove any embedded ticks.
- This is a National Park and is open to the public. If something seems amiss, please report it to a staff member.
- If a student needs to leave the program early, please inform a NatureBridge staff member. An Early Departure Form will need to be completed.

### **MAKING YOUR STAY EASIER**

- Communicate with your Educator! They are here to support both you and your students.
- Student accountability for bathrooms and cabins—good stewardship is required of these areas, as they are part of the National Park. Students will be cleaning the bathrooms each morning.
- **Recommended quiet hours are from 9:30pm-7:00am.** During quiet hours students should only be out of their individual cabins to use the bathroom, adhering to the buddy system. We recommend bed-checks.
- Supervise student bathhouse use as much as possible, and remind ladies that feminine products cannot be flushed. Please let us know if there are any issues in a bathhouse (we have a sensitive septic system).
- Enforce no cell phone use for students. Check in with your lead teacher with questions.
- Ensure that students are where they need to be on time and are prepared for the day so they are able to make the most out of their program experience.

### **TIMES TO BE ON TIME**

7:10 OR 7:55 am: Arrive at Dining Hall for Breakfast with all students

9:00 am: Meet your Educators at your morning Stewardship location, Prepared for the day

4:50 OR 5:50 pm: Arrive at Dining Hall for Dinner with all students

7:15 pm: Arrive at your Evening Program meeting spot

***NatureBridge staff is available to support with any situation that may arise (illness, injury, behavior, or any other). Please ask for assistance.***