



Armstrong Scholars Program Recommendation Form

The Armstrong Scholars Program brings selected participants together for an educational adventure in the spectacular Sierra Nevada Mountains of California. This extraordinary program seeks to inspire all young women, trans-inclusive, ages 15-18, to reach their highest potential and develop a stronger sense of self, community, and connection to the natural world. Individuals from different cultural, ethnic, racial, religious, LGBTQIA+, and socioeconomic communities come together to embark on a 12-day wilderness backpacking expedition that demands participants to challenge themselves both physically and emotionally. Participants hike 5 to 10 miles a day with a backpack that may weigh up to 50 pounds, over challenging terrain such as rugged trails, boulder fields, high mountain passes, and snow slopes. Participants explore topics such as identity and strength of women, communication and leadership, wilderness skills and natural history, social, racial and environmental justice. The self-transformation of each participant through these challenges is well supported by our curriculum and highly skilled women educators.

Ten individuals will be selected to participate in the program. We are seeking applicants from a variety of cultural, ethnic, racial, religious, LGBTQIA+, and socioeconomic communities. Participants from past years found the diversity of life experiences represented in the group to be a significant strength of the program. Demonstrated academic success is less important than a clear sense of how the program will truly benefit the individual.

Please fill out this recommendation form honestly and to the best of your ability. You may include a personal letter as well.

Upon completion, give this signed form to the applicant to include in their application. The application due date is Friday, April 30, 2021.

Name: _____ Student Name: _____

Address: _____ Date: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ Email: _____

How long have you known the applicant? In what context?



In what ways is this applicant outstanding compared to their peers? What are their strengths?

How does the applicant get along with others?

How do you think this applicant can benefit from the Armstrong Scholars program?

In what areas do you think this applicant would struggle with the Armstrong Scholars program?

Do you have any special concerns about this applicant's abilities to participate in the Armstrong Scholars program?

Is there anything else you would like to share about the applicant?

Signature: _____

Date: _____