Family Camp Packing List

This list is for all participants. Please arrive dressed for hiking and with your day pack ready. Your comfort increases with the number of clothing layers you have available!

Required for Hiking Day

- Day pack (large enough for two water bottles, notebook, pencil, rain gear, warm layers, bandana, personal hand sanitizer)
- Two water bottles (two hard plastic or metal water bottles)
- Pen or pencil
- Rain jacket and rain pants (poncho or umbrella can be in addition to jacket and pants)
- Jacket (insulated layer with a hood)
- Extra layers (fleece, long-underwear and long-sleeve shirts for colder days)
- Foot gear (sturdy, ankle-supporting, preferably water-resistant hiking shoes or boots-- tennis shoes/athletic sneakers also ok)
- Rain cover or large plastic bag to keep your day pack dry
- Bandana or cloth napkin for an outdoor lunch placemat
- Hat with brim, sunscreen, sunglasses
- Personal medications
- Face masks or coverings (one clean mask/per day/per person)
- Bagged lunch for the first day

Required for Overnight

- Signed copy of Participant Questionnaire (for every family member)
- Warm sleeping bag, pillow, and a fitted twin bed sheet
- Comfortable shoes for free time and backup
- Base layers (long-sleeve shirt and underwear)
- Shirts (bring extra pairs, recommend long sleeve, synthetic/wool)
- Long pants (loose fitting with room for layer underneath)
- Socks (bring three more pairs than the number of days you will be at NatureBridge)
- Underwear
- Warm pajamas
- Warm hat and gloves
- Toiletries (soap, toothbrush, toothpaste, brush, shampoo, etc.)
- Bath towel and washcloth
- Sandals to wear in the shower
- Flashlight
- Personal medications
- Face mask

Optional

- Camp chairs (optional but highly recommended)
- Camera
- Umbrella
- Board and card games
- Mouse proof food bin for personal snacks (e.g. roughneck or cooler)