



# Family Camp Health & Safety Plan (HSP)

## Purpose

The NatureBridge Family Camp Health and Safety Plan (HSP) is intended to provide a clear set of guidelines to minimize the risk of communicable diseases and to guide management if illness does occur. NatureBridge staff and family camp participants (guardians, children or family members) will be trained on the HSP and expected to follow the guidelines provided. These guidelines follow the [Centers for Disease Control and Prevention \(CDC\)](#), [American Camp Association \(ACA\) recommendations for summer camps \(Field Guide for Camps on Implementation of CDC Guidance\)](#) and [California Department of Health Guidance for Day Camps](#). NatureBridge makes no guarantee that these guidelines will prevent a potential transmission of a communicable disease, including COVID-19. **These guidelines will evolve as new recommendations are issued from federal, state and county public health officials.**

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## Pre-Program Training for Communicable Disease

### All NatureBridge Staff

- ❑ All NatureBridge staff will be trained on the following:
  - ❑ [COVID-19 symptom](#) identification and transmission prevention including:
    - ❑ Use of face coverings, how to wash hands and use hand sanitizer
    - ❑ How to properly isolate staff or participants in the event of illness
  - ❑ Sick participant tracking and reporting, including contact tracing procedures
  - ❑ U.S. Public Health liaison role with the National Park Service
  - ❑ Additional NatureBridge site specific COVID-19 guidelines
- ❑ All NatureBridge education and operations staff will also be trained on:
  - ❑ Social and emotional learning factors while teaching during a pandemic, including how to talk about COVID-19 and illness-related fears with children and adults
  - ❑ General communicable disease identification, prevention and reporting

## Pre-Program [Screening](#)

These are the crucial things we need staff and Family Camp participants to know prior to arriving on a NatureBridge campus.

### NatureBridge Staff

- ❑ All NatureBridge staff who are working onsite will have a COVID-19 test in Mariposa County through Project Baseline before starting program (if those tests continue to be readily available)
- ❑ Staff will complete a [COVID-19 Pre-Screening Health Questionnaire](#) for the 14 days prior to starting a program
- ❑ NatureBridge staff will conduct temperature checks via touchless temporal thermometer each day of work upon arrival at campus. Any staff with a temperature of 100.4 or higher will not be able to work that day
- ❑ NatureBridge will not allow on program any staff member with a [positive diagnosis of COVID-19](#) who has not been asymptomatic for at least 10 days. This means they have not had any COVID symptoms, including but not limited to fever, cough or shortness of breath, for a full 10 day period prior to arriving at a NatureBridge site
- ❑ NatureBridge will not allow on program any staff member with COVID-19 symptoms who has not been asymptomatic for at least 10 days (unless they have a negative COVID-19 tests within the 10 day period)
- ❑ In accordance with NatureBridge policy, NatureBridge will not allow on program any staff member who has been ill with any non COVID-19 diagnosis unless they have been asymptomatic for at least two days (48 hours)
- ❑ NatureBridge staff members who are in a [higher risk category](#) will work with their supervisor for an alternate work plan

### Family Camp Participants

- ❑ NatureBridge will not allow on program any participant with a positive diagnosis of COVID-19 who has not been asymptomatic for 10 days. This means they have not had any fever, cough, shortness of breath or other COVID-associated symptoms for a full 10 day period prior to arriving at a NatureBridge site and that they have evidence of a negative COVID-19 test

- ❑ NatureBridge will not allow on program any participant with COVID-19 symptoms who has not been asymptomatic for at least 10 days
- ❑ Participants will be asked before the start of their camp session about the following. Anyone who answers [yes](#) to the first three questions within 14 days of the start of the program cannot attend:
  - ❑ Have you, your child, or any family member had any specific COVID-19 or general illness symptoms in the past 14 days?
  - ❑ Have you or your child had any direct contact with a friend, family member or someone who has had a positive test for COVID-19 or has been sick with COVID-19 symptoms in the past 14 days?
  - ❑ Are you or any of your family members frontline workers who worked directly with COVID patients in the past 14 days?
  - ❑ Have you or your child travelled out of the state or flown on an airplane in the past 14 days? Have you or your child been out of the country in the past 14 days? If **YES** to these questions, you will need to share specific destinations
- ❑ All participants will need to provide a signed [COVID-19 questionnaire](#) upon arrival. Guardians will sign for minor participants
- ❑ NatureBridge does not allow on program any participant who has been ill with any non-COVID-19 diagnosis unless they have been asymptomatic for at least two days (48 hours)
- ❑ If you or your children have any [underlying health issues](#) that make you more at risk with a potential COVID-19 illness, please discuss additional mitigation procedures with NatureBridge administrative staff
- ❑ Family dormitory rooms share a common wall and emergency exit door (that must remain unlocked by state fire codes) with another room. Family cohorts will be instructed onsite to only use the door in an emergency
- ❑ Participants are required to supply a clean [face covering](#) each day for themselves and their children (children older than two years old included). These face coverings will be used primarily for any indoor activity or activities where six feet of separation cannot be maintained. Parents should notify NatureBridge in advance of the program if they or their child are unable to wear a face covering
- ❑ When you arrive, a masked NatureBridge staff member will do a temperature check of every masked family member with a touchless temporal thermometer. If any family member is 100.4 degrees or above, the family will need to leave the site. NatureBridge encourages families to do a pre-check prior to arrival
- ❑ NatureBridge reserves the right to not allow any participant on any program if:
  - ❑ Staff deem they pose a communicable disease risk to others
  - ❑ Their state or county are under federal, state or county orders to limit travel due to COVID-19
  - ❑ NOTE: If participant's communities or NatureBridge campuses are under federal, state or county shelter-in-place orders, or participants miss sessions due to COVID-19 related illness, families will have the option to reschedule sessions (if available) or receive refunds (minus a 15% administrative fee for a verifiable positive COVID-19 related illness)
- ❑ NatureBridge may not operate if campus locations are under phase 1 federal, state or county shelter-in-place orders due to COVID-19 or if Mariposa County is in the purple phase of the California ["Blueprint for a Safer Economy"](#)
- ❑ All participants will fill out and sign a COVID-19 specific waiver and acknowledgement of risk, as well as the standard NatureBridge Family Camp registration form prior to the start of the program

- ❑ If communicable disease occurs on program, NatureBridge will initiate its [onsite communicable disease response](#) and inform all family cohorts

## Onsite Prevention

These are the practices NatureBridge staff and family camp participants take while they are on campus.

### Onsite Mitigation: Family Camp Participant Arrival

- ❑ NatureBridge will attempt to arrange arrivals in an effort to maintain physical distance between families. This may include staggered arrival times and one way traffic flows. Detailed arrival directions and instructions will be shared with you prior to arrival
- ❑ When you arrive, a staff member will do a temperature check of your family with a touchless temporal thermometer. If a family member registers 100.4 degrees or above, they will be checked again with a different thermometer and/or in a shady location. If still above the 100.4 threshold, the family cohort will need to leave campus
- ❑ All participants will provide a signed [COVID-19 questionnaire](#) upon arrival. Guardians will sign for minor participants. NatureBridge staff will collect the paper copies using gloves and will go over each form verbally with each participant
- ❑ NatureBridge staff will conduct an introduction to the site, site rules and COVID-19 mitigation guidelines for each family cohort (see Onsite Mitigation below)

### Onsite Mitigation: Family Camp Participants

- ❑ Family Camp participants are asked to self-monitor for signs of illness each day. The Site Manager or onsite NatureBridge staff will also monitor for signs of illness. If participants develop any illness signs or symptoms, they will be temperature checked. If 100.4 degrees or above on more than one reading, the family cohort will need to leave campus. The family cohort may also be asked to leave campus if a cohort member has signs or symptoms that could be indicative of COVID-19, even without fever.
- ❑ Family Camp participants will be trained on proper mitigation methods specifically for COVID-19 and for other communicable diseases, including:
  - ❑ Participants will be shown the [proper way to wash hands](#) and how to use hand sanitizer
  - ❑ Handwashing with soap and water before and after breakfast and dinner, after using restroom facilities, and whenever available during their trail day
  - ❑ Proper hand sanitizer use with at least 60% alcohol before and after lunch or snacks when applicable, any close group activity, and after touching any human made surface or their faces
- ❑ Participants will be trained how to use face coverings:
  - ❑ Participants will use face coverings while inside any building except their dorm or porta potty
  - ❑ Participants will use face coverings if they cannot maintain six feet of separation from people not in their family cohorts while outside on campus or on trails
- ❑ Participants will be instructed on the “family cohort” concept:
  - ❑ Family cohorts are a group of participants who have been living or socializing together during the pandemic and feel comfortable sleeping in the same indoor space
  - ❑ Each family cohort will have their own bathroom (port-a-potty) and hand washing station

- ❑ Each family cohort will maintain six feet of separation between other family cohorts whenever possible or wear masks when distancing is not possible
- ❑ Each family cohort will be assigned specific meal tables for breakfast and dinner. Families will assign a member to be a “runner” to pick up food and drinks in specifically marked containers for their family cohort
- ❑ In the event of inclement weather, tables may be arranged in dorms temporarily or at separate meal times for each family cohort inside the dining hall
- ❑ Each family cohort will bus their own dishes immediately after eating to avoid attracting animals. A container will be accessible in front of the dining hall for dirty dishes
- ❑ Each family cohort will receive a family trail lunch for the day
- ❑ Each family cohort will be provided with separate coffee and tea service each morning
- ❑ Each family cohort will be assigned specific shower and teeth brushing times to access the bath house
- ❑ Participants will be trained on how to identify and report any illness including specific COVID-19 signs and symptoms in themselves and others
- ❑ Participants will be informed of the following guidelines:
  - ❑ Do not share food, utensils, cups or water bottles outside their family cohorts
  - ❑ Avoid touching any part of your face including mouth, nose or eyes
  - ❑ Cough and sneeze into your shoulder or tissue (not into hands or elbow)
- ❑ If groups encounter visitors while in Yosemite, they will be instructed to:
  - ❑ Stay at least 6 feet away when possible
  - ❑ Utilize face coverings if closer than six feet
- ❑ Families with younger children (age 3 - 7): It is more difficult to keep these children physically distanced from other children of similar ages. Families should be prepared to work with other families onsite to determine a plan for interaction between their children
  - ❑ NatureBridge staff can help facilitate these discussions
- ❑ All participants onsite at the time of a positive COVID-19 test will be notified

### **Onsite Mitigation: Education & Operations Staff**

- ❑ All staff will receive communicable disease training, including a copy of the Health and Safety Plan (HSP)
- ❑ Education/operations staff onsite will have temperature checks each morning. Temperatures 100.4+ degrees will necessitate educator replacement with the on call system
- ❑ Education and operations staff will wear face coverings while working indoors at all times with any staff or participants or if they cannot maintain 6 feet of separation outside
- ❑ Education/operations staff will keep windows open in all buildings they are working in
- ❑ Education/operations staff working onsite will be tested for COVID-19 if they experience fever, cough, shortness of breath, other symptoms concerning for COVID-19, or if they have been exposed to COVID-19, so long as tests are readily available. NatureBridge will not allow on program any staff member with a positive diagnosis of COVID-19 who has not been asymptomatic for at least 10 days. This means they have not had any COVID symptoms, including but not limited to fever, cough or shortness of breath, for a full 10 day period prior to working at a NatureBridge site
- ❑ Education/operations staff will not come to work if they have any non-COVID-19 illness symptoms until two days (48 hours) after they are asymptomatic
- ❑ Group building and educational activities will minimize contact between family cohorts
- ❑ Educators will use teaching supplies only within each family cohort

- ❑ Operations and education staff may be required to assist facilities in specific cleaning and disinfecting duties (surface cleaning, etc.)
- ❑ If any staff test positive for COVID-19, contact tracing will be done to notify anyone who has been in direct contact with the staff member. Exposed NatureBridge educators will be in [quarantine](#) in their housing for 14 days if they live alone or in the El Portal Hotel if needed
- ❑ All participants onsite at the time of a positive COVID-19 test will be notified

## Onsite Mitigation: Facilities

### *Pre campus opening*

- ❑ Facilities staff will reopen campus and ventilate buildings in accordance with [Section 4.0 of the Field Guide for Camps on Implementation of CDC Guidance](#) (where applicable)
- ❑ The NatureBridge Crane Flat campus does not have heating, ventilating, and cooling (HVAC) systems. Proper ventilation will be accomplished with box fans in dorm units and open windows

### *Facilities staff*

- ❑ All staff receive communicable disease training, including a copy of the HSP
- ❑ Facilities staff working onsite will have temperature checks each morning. Temperatures 100.4 degrees or higher will necessitate a replacement
- ❑ Facilities staff working onsite will be tested for COVID-19 if they experience fever, cough, shortness of breath, other symptoms concerning for COVID-19, or if they have been exposed to COVID-19, so long as tests are readily available. NatureBridge will not allow on program any staff member with a positive diagnosis of COVID-19 who has not been asymptomatic for at least 10 days. This means they have not had any COVID symptoms, including but not limited to fever, cough or shortness of breath, for a full 10 day period prior to working at a NatureBridge site
- ❑ Facilities staff will not come to work if they have any non COVID-19 illness symptoms until 2 days (48 hours) after they are asymptomatic
- ❑ If any staff test positive for COVID-19, contact tracing will notify anyone who has been in direct contact with the staff member
- ❑ All participants onsite at the time of a positive COVID-19 test, or those who may have been exposed to someone infected with COVID-19, will be notified

### *Facilities onsite*

- ❑ Facilities staff (with the support of Site Managers and/or educators) will disinfect high use surfaces (door/sink handles, tables, railings, faucets and sinks) throughout campus 2 times per day using CDC approved cleaning [procedures](#)
- ❑ Facilities staff will clean campus in the morning after breakfast and at the end of each day
- ❑ In the event that a participant exhibits COVID-19 signs or symptoms:
  - ❑ Utilize the staff cabin at Crane Flat as a quarantine room for the participant until they can leave campus with their family cohort.
  - ❑ Inform all family cohorts onsite of the specific spaces that will be cleaned (Note: If all affected areas can be closed off and have not been used by other family cohorts, NatureBridge does not need to close the program)
  - ❑ Clean the staff cabin and any facilities that the sick participant used:
    - ❑ Open all doors and windows immediately
    - ❑ Wait 24 hours before cleaning and disinfecting

- ❑ Staff will clean the spaces wearing N95 masks and gloves. Staff will disinfect the cabin with [EPA](#) approved cleaners for human coronaviruses
- ❑ Staff cabin will be vacuumed with a high efficiency particulate air (HEPA) filter on the vacuum
- ❑ Affected spaces can be used after disinfecting
- ❑ If it is more than seven days since the participant who is sick visited or used the NatureBridge campus, additional cleaning and disinfection is not necessary
- ❑ If more quarantine space is needed, staff will consider the El Portal Hotel or work with NPS Public Health staff to secure space
- ❑ All campus cleaning will be documented on a cleaning checklist

## Onsite Mitigation: Kitchen and Dining Hall

### *Pre campus opening*

- ❑ Facilities staff will reopen kitchen and dining hall in accordance with [Section 4.0 of the Field Guide for Camps on Implementation of CDC Guidance](#) (where applicable)
- ❑ The NatureBridge Crane Flat campus does not have heating, ventilating, and cooling (HVAC) systems. Proper ventilation will be accomplished with box fans and open windows in the kitchen and dining hall

### *Kitchen staff*

- ❑ All staff receive communicable disease training, including a copy of the HSP
- ❑ Kitchen staff working onsite will have temperature checks each morning. Those with temperatures 100.4 degrees or higher or signs or symptoms of COVID-19 will need to leave the premises immediately and be replaced
- ❑ Kitchen staff will wear face coverings and gloves while working inside with other staff or participants or serving food outside to participants
- ❑ Kitchen staff will wear glasses, goggles, or a face shield in addition to a face covering and impermeable aprons while they are doing dishes with the industrial dishwasher (to prevent contaminant splash). Face shields and glasses should be disinfected between uses
- ❑ Kitchen staff working onsite will be tested for COVID-19 if they experience fever, cough, shortness of breath, other symptoms concerning for COVID-19, or if they have been exposed to COVID-19, so long as tests are readily available. NatureBridge will not allow on program any staff member with a positive diagnosis of COVID-19 who has not been asymptomatic for at least 10 days. This means they have not had any COVID symptoms, including but not limited to fever, cough or shortness of breath, for a full 10 day period prior to working at a NatureBridge site
- ❑ Kitchen staff will not come to work if they have any non COVID-19 illness symptoms until two days (48 hours) after they are asymptomatic
- ❑ If any staff test positive for COVID-19, contact tracing will notify anyone who has been in direct contact with the staff member
- ❑ All participants onsite at the time of a positive COVID-19 test, or those who may have been exposed to someone infected with COVID-19, will be notified

### *Food service*

- ❑ Site Managers (in conjunction with kitchen staff) will set out individually labeled food containers and drink pitchers with each family's name in front of the dining hall for breakfast and dinner
- ❑ Staff will wear gloves whenever touching family cohort surfaces or supplies
  - ❑ Staff will wash hands prior to putting on gloves

- ❑ Staff will change gloves if they touch their face or a potentially contaminated surface
- ❑ Each family cohort will send a food runner up to the tables to get their family identified food and drink containers
- ❑ Families will serve themselves and then deposit dirty dishes immediately after breakfast in an assigned receptacle in front of the dining hall
- ❑ Participants will not be allowed in the dining hall UNLESS required for inclement weather dining (and only one family cohort at a time on a rotating schedule). Staff and participants will be required to wear face masks inside the dining hall
- ❑ Site Managers will provide coffee and tea service for each family cohort by 7:00 AM
- ❑ Site Managers or educators will deliver a family trail lunch to each family cohort by 9:00 AM each day. Site Managers will wear gloves whenever touching family cohort surfaces or supplies
- ❑ Site Managers will manage outside picnic tables for eating. In inclement weather:
  - ❑ Plastic dining hall tables may be set up in each dorm family cohort
  - ❑ Family cohorts may eat on separate rotating schedules in the dining hall
  - ❑ Tarps or easy-ups can be put over outside tables

#### Onsite Mitigation: Bathhouse

- ❑ Bathhouse will be locked and closed to participants until 6:30 a.m.
- ❑ Staff utilizing bathhouse prior to 6:30 a.m. will disinfect any used surfaces
- ❑ Staff will open all windows in the bathhouse prior to participant use
- ❑ Two families will have access to the bathhouse in the morning for showers at staggered times: 6:30 a.m. and 7:30 a.m.. Each family cohort will be assigned one side of the bathhouse at these separate times
- ❑ Bathhouse will be cleaned after 8:30 a.m. and locked
- ❑ Two families will have access to the bathhouse in the evening for showers at staggered times: 4:00 p.m. and 5:00 p.m. Each family cohort will be assigned one side of the bathhouse at these separate times
- ❑ Bathhouse will be cleaned after 6:00 p.m. and locked

#### Onsite Mitigation: Campfires and evening programs

- ❑ Two family cohorts at a time are allowed at the campfire ring. **Note: National Park campfire regulations may prohibit campfires at any time**
  - ❑ Due to the potential for smoke induced coughing, if more than one family cohort is attending a program with a fire, masks will be worn by staff and participants throughout the campfire program
- ❑ Staff will set up seating on opposite sides of the campfire ring for each family cohort. If staff facilitate any singing or shouting campfire activities with multiple family cohorts, they will increase the physical distance between themselves and different family cohorts to at least 20 feet and staff and participants will wear masks
- ❑ Staff can work with two family cohorts at a time for non campfire evening programs if they are each less than eight participants. Family cohorts will maintain six feet of physical distance from each other
- ❑ Family cohorts with more than eight participants will have a single family cohort evening program UNLESS they can be spaced appropriately on either side of the campfire ring.



## Onsite Communicable Disease Response

These are the crucial practices for NatureBridge staff if they encounter illness. A COVID-19 outbreak concern occurs when 1 or more participants or staff experience these [specific symptoms](#):

- Fever, chills, cough, shortness of breath or difficulty breathing
- Fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat
- Congestion or runny nose, nausea or vomiting, diarrhea

A general illness outbreak concern occurs when two or more participants or staff experience the same gastrointestinal illness symptoms in the same place. Campus field staff will initiate **Immediate** and **Secondary** actions. Administrators will initiate **Tertiary** actions.

Priority	Actions
<b>Immediate</b>	<ul style="list-style-type: none"> <li>❑ Isolate ill participants in the designated room with adult supervision and:               <ul style="list-style-type: none"> <li>❑ Identify separate bathroom facilities for sick participants</li> <li>❑ Prohibit ill participants from using any common spaces</li> <li>❑ Notify onsite family cohorts of ill participants</li> </ul> </li> <li>❑ Ill participants with fevers = or &gt;100.4 will be sent home after consulting with EMS (as needed)</li> <li>❑ Notify facilities staff to thoroughly clean sick rooms, bedding, bathrooms and all affected surfaces using CDC approved illness response guidelines</li> </ul>
<b>Secondary</b>	<ul style="list-style-type: none"> <li>❑ Contact NatureBridge administrative staff</li> <li>❑ Campus administrative staff will document incident on Google doc and share with appropriate campus staff and/or NPS staff               <ul style="list-style-type: none"> <li>❑ For a potential COVID-19 transmission, admin staff will notify National Park Service officials to initiate the park pandemic plan</li> </ul> </li> <li>❑ Brief all educators on program - reemphasize handwashing and other illness mitigation guidelines</li> <li>❑ Monitor remaining Participants for additional cases of illness; document</li> <li>❑ Alert NatureBridge educators and operations staff to look out for emerging illness</li> <li>❑ Educators must document illness with Sick Participant Tracking and Incident Report Forms</li> </ul>
<b>Tertiary</b>	<ul style="list-style-type: none"> <li>❑ Campus administrative staff notifies:               <ul style="list-style-type: none"> <li>❑ All onsite families about suspected or actual COVID-19 illness (if they have not been notified already)</li> <li>❑ US Public Health Service</li> <li>❑ County Health and Human Services (in consultation with US Public Health Service or NPS)</li> </ul> </li> <li>❑ For suspected COVID-19 illness, contact tracing will be initiated with the support of the US Public Health Service</li> <li>❑ Campus may close, depending on the actual illness, for 24-48 hours for extra cleaning</li> <li>❑ Families will have the option of rescheduling sessions (if available) or receiving a refund (minus a 15% administrative fee for a verifiable positive COVID-19 related illness) for any cancelled days</li> </ul>

## Appendix A

Participant 14 day COVID-19 questionnaire - required upon arrival to a NatureBridge site

Family Camp Participant: \_\_\_\_\_

Recent health and travel status - 14 days prior to the start of Family Camp\*

<b>YES</b>	<b>NO</b>	<p>1. Have any family members had any of these signs or symptoms of illness in the last 14 days?</p> <p><input type="checkbox"/> Fever, chills, cough, shortness of breath or difficulty breathing</p> <p><input type="checkbox"/> Fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat</p> <p><input type="checkbox"/> Congestion or runny nose, nausea or vomiting, diarrhea</p>
<b>YES</b>	<b>NO</b>	<p>2. Have any family members had contact** with anyone diagnosed with COVID-19 or with signs/symptoms of illness in the last 14 days?</p>
<b>YES</b>	<b>NO</b>	<p>3. Are you or any of your family members frontline health workers who worked directly with patients with COVID-19 in the past 14 days?</p> <p>*if anyone in your family cohort answers yes to these first 3 questions, they are not allowed on program</p> <p>** contact is defined by the CDC as any interaction that lasted longer than 15 minutes, closer than 6 feet away without proper PPE. or if they had droplets from that person land on them</p>
<b>YES</b>	<b>NO</b>	<p>Have any family members traveled out of the state in the last 14 days?</p>
<b>YES</b>	<b>NO</b>	<p>Have any family members traveled on an airplane or out of the country in the last 14 days?</p>
<p>If <b>YES</b>, please tell us the places visited:</p>		
<p><b>Temperature Check (start 14 days prior to your program)</b></p> <p><input type="checkbox"/> If you have access to a reliable thermometer</p> <p>Day 1:_____ Day 2:_____ Day 3:_____ Day 4:_____ Day 5:_____ Day 6:_____</p> <p>Day 7:_____ Day 8:_____ Day 9:_____ Day 10:_____ Day 11:_____ Day 12:_____</p> <p>Day 13:_____ Day 14:_____</p>		

**Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent or Guardian Signature (for minors):** \_\_\_\_\_ **Date:** \_\_\_\_\_