NatureBridge Conference Naturalist Programming

Let NatureBridge tailor a personal outdoor program for your groups’ next retreat.

Whether you are looking for a hike in nature to energize and refocus your group’s attention or you are looking to bring the group closer together by working as a team, our staff can help.

NatureBridge’s trained Naturalist are prepared to lead you on hikes (from easy to adventurous), teach you about the wildlife and plants of the Marin Headlands, take you on a stroll of Headlands time past (through military bunkers and ranchlands), or bring your group together through challenging team building.

Teambuilding:
All of our hiking destinations can be used as a beautiful background to bring your group together as a team. Focusing on interpersonal relationship management our naturalist will challenge your group to set goals and build stronger working relationships through creative problem solving in the form of fun games.

Just a few of the hiking destinations we offer:

**Rodeo Beach:** Many of our hikes end on the rainbow sands of Rodeo Beach, which are just as amazing as the views the beach offers. Rodeo beach is a wonderful place for teambuilding, animal watching, and exploration.
- **Time:** 2 min walk to get there
- **Difficulty:** Very Easy

**Slag Trail/Visitors Center:** This mile and a half loop spans the Rodeo Beach Lagoon ending Rodeo beach where you can watch for surfers and marine mammals. Along the way you will have the chance to see migratory birds and river otters. Approximately halfway you can stop and visit the Marin Headlands Visitors Center with lots of information of the history and ecology of this beautiful park.
- **Time:** 1-3 hours
- **Difficulty:** Easy to Moderate with small hills with dirt and beach terrain.

**Battery Townsley:** A two mile hike featuring amazing panoramic views of the ocean. Battery Townsley offers a great look into the jobs of the military men and women that stayed here before you. If you choose not to go into the Battery this hiking loop offers many natural geological opportunities. As well as opportunities to see whales (during migration season) and dolphins feeding at Rodeo Beach, and the many species of birds that inhabit and or migrate through the Marin Headlands.
**Time:** 2-3 hours  
**Difficulty:** Moderate to strenuous this loop can be hiked on road (closed to cars) or by trail to chance difficulty. There is a moderate incline to both chooses.

**Scotty’s Bluff:** Offers great views of the Pacific Ocean with large open space for team building activities. Scotty’s Bluff also offers great opportunities for wildlife watching. Scotty’s Bluff can easily be added as a stop on the Battery Townsley loop hike.  
**Time:** 1-2 hours  
**Difficulty:** Easy to Moderate

**Water Tower:** The old military water tower offers panoramic views of the Golden Gate Bridge peeking over the hills of the Marin Headlands. The Water Tower is a favorite place to take in the beauty of this wonderful National Park.  
**Time:** 1-2 hours  
**Difficulty:** Moderate to strenuous with steeper dirt paths.

**Point Bonita Lighthouse:** Travel through a hand chiseled tunnel dating back to 1855 and over a narrow bridge 125 feet above the ocean to get to the outstanding views Point Bonita has to offer. A longer hike than most loops at approximately 1.7 miles each way. Point Bonita also has parking available if groups have their own transportation.  
**Time:** 2-5 Hours  
**Difficulty:** Strenuous with some steep hills and dirt and beach terrain.

**Marine Mammal Center:** The world’s largest marine mammal rehabilitation center offers a chance to first hand see marine mammals being rehabilitated to continue their lives in the wild. Many of the M.M.C.’s releases to the wild occur on Rodeo Beach. This can also be used as a stop along the Battery Townsley Loop.  
**Time:** 45 min-2 Hours  
**Difficulty:** Parking available or easy walk up a paved road with small elevation.

**NatureBridge Labs:** Nature Bridge houses two labs with various studies. Our Marine Touch tanks are a great way to get a hands-on connection with local intertidal animals. Our Skins and Skulls lab is a look into the life above the water in the Marin Headlands, offering many taxidermy specimens and hands-on skulls and other artifacts.  
**Time:** 1-4 hours  
**Difficulty:** No hiking required

The above are some examples of what we offer. For more thorough examples and ideas please ask. Our conference and naturalist teams look forward to working with you to create the perfect experience for you. Please feel free to ask any questions you have about our available programs and how they can be tailored to fit your needs.