



Sample Menus

All meals include freshly brewed regular and decaffeinated coffee, as well as select teas. Actual menus will be chosen by the Executive Chef.

Breakfast Sample - Eggs and potatoes

- Scrambled eggs: Plain or ham and cheese
- Home fried potatoes
- Assorted muffins or croissants with assorted jams
- Assorted cereals, yogurt and cottage cheese
- Fresh sliced melons and seasonal fruits

NatureBridge at Golden Gate's overnight package includes breakfast.

Lunch Sample - Soup, Sandwich, and Salad Buffet

- 2 selections of freshly made soups, such as ginger butternut with chives, minestrone, chili bean with grated cheese, and New England clam chowder. A gluten free, vegan soup is always offered.
- Assorted breads and pitas
- Assorted sliced deli meats and cheeses
- Assorted sandwich spreads, such as tuna salad, egg salad, and hummus
- Salad bar with assorted lettuces, vegetables, and dressings
- Fresh fruits
- Cookies

NatureBridge at Golden Gate's day-use package and overnight package include lunch.

Dinner Sample - Taco Buffet

- Chicken in salsa verde
- Pinto and black beans
- Spanish rice
- Corn and flour tortillas
- Fresh salsa and guacamole
- Tortilla chips
- Cheese and sour cream
- Salad bar with assorted lettuces, vegetables, and dressings
- Fresh fruits
- Churros

NatureBridge at Golden Gate's overnight package includes dinner.